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## September Virtue - Circumspection - September 13, 2021

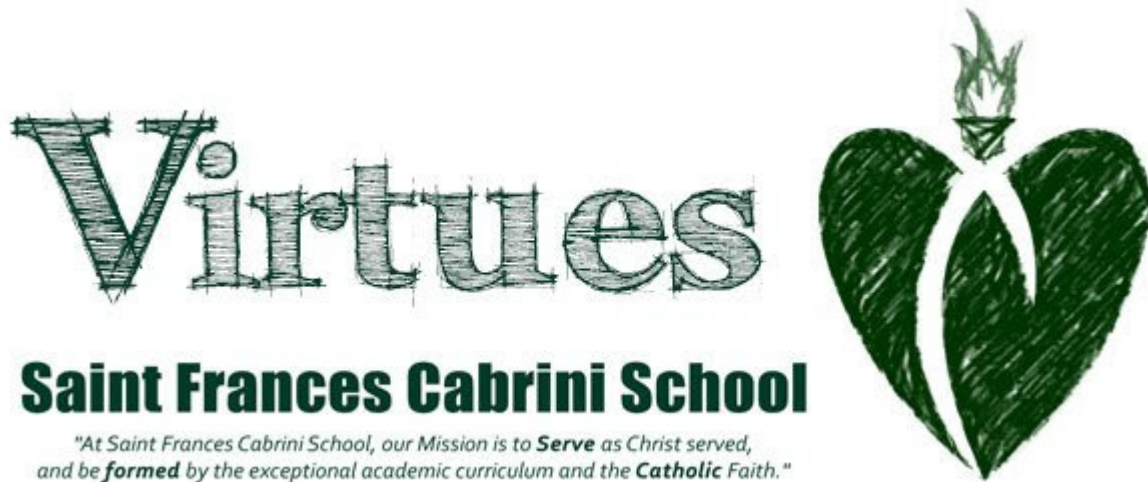
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SFC School <mail@flocknote.com>

Mon, Sep 13, 2021 at 9:00 AM

Reply-To: SFC School <13446601.m4c19g2i9ch1y0ejuzv0k3k26plsug0zg3ui4tf2dg4c12d7hf@reply.flocknote.com>

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September 13, 2021

### September Virtue - Circumspection

Our first virtue of the year is **Circumspection**. Also known as: Carefulness.

Here are some reminders, and some new thoughts, about this important virtue.

#### Remember from Last Week:

##### DEFINITION OF CIRCUMSPECTION:

Careful consideration of circumstances and consequences

##### CIRCUMSPECTION LOOKS LIKE:

- Asking for advice from an older, trusted person

- Praying before acting
- Thinking before acting
- Pausing to think

### CIRCUMSPECTION SOUNDS LIKE:

- May I ask you for advice about something?
- Jesus, help me to do what you would do.
- Let me think about that.
- I should wait before I respond.
- Let me think about what I should do.

## Some new thoughts about circumspection:

### IDEAS FROM THE CHILDREN:

The students offered some good ideas at this morning's assembly about practicing circumspection :

- Kylee used the prayer chair to think before she acted.
- Wyatt shared to think before acting.
- Abraham shared to think before saying something or interrupting someone.
- Ainsley shared to think of using integrity in decision making.

### SCRIPTURE PERTAINING TO IT: Luke 14:28-30

Which one of you, intending to build a tower, would not first sit down and estimate the cost, to see whether he has sufficient funds for its completion? Otherwise, if he has laid the foundation and then finds himself unable to finish the work, all who see it will ridicule him, saying, 'There goes the man who started to build but was unable to complete the work.'

### SAINT WHO LIVED IT: **Saint Jane Frances de Chantal**

Jane grew up in a wealthy family and married a loving husband. When he died in a tragic accident, Jane was thrown into a deep grief. St. Francis de Sales helped her to see God's goodness, even in the midst of her sorrows. She slowly began to see God at work in her life and was finally able to forgive the man who caused her husband's accident. Jane later founded a community of sisters.

She gave them simple, practical advice, teaching them to do everything for the love of God.

PRAYER:

Dear Jesus,

My actions affect not just myself, but those around me. Today, please help me practice Circumspection, by: Thinking before I speak or act, and Seeking advice in order to make good decisions. Help me to act in the best way I can at every moment in the day. Amen

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Sent by Kristin Bayer

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