



St Frances Cabrini Lunch Menu

January
2022

Fresh Vegetables and Seasonal Fruits available daily
on the fruit and veggie bar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3 Crispy Chicken Nuggets</p> <p>Brown & Wild Rice Pilaf Steamed Corn Baby Carrots</p> <p>Fruit Milk</p>	<p>4 Hamburger on a Bun</p> <p>Potato Wedges Celery Sticks Baked Beans</p> <p>Fruit Milk</p>	<p>5 Mini Corn Dogs</p> <p>Steamed Broccoli Coleslaw</p> <p>Fruit Milk</p>	<p>6 Roasted Chicken and Gravy Whole Grain Dinner Roll</p> <p>Mashed Potatoes Cucumber Slices</p> <p>Fruit Milk</p>	<p>7 Cheese Quesadilla Salsa</p> <p>Mixed Vegetables Romaine Mix Salad</p> <p>Fruit Milk</p>
<p>10 Pancakes Pork Sausage Link</p> <p>Breakfast Potatoes Baby Carrots</p> <p>Fruit Milk</p>	<p>11 Crispy Chicken Sandwich</p> <p>Scalloped Potatoes Cherry Tomato</p> <p>Fruit Milk</p>	<p>12 Pasta with Meat Sauce Garlic Toast</p> <p>Steamed Green Beans Broccoli Salad</p> <p>Fruit Milk</p>	<p>13 Beefy Nachos</p> <p>Corn Salad Black Beans</p> <p>Fruit Milk</p>	<p>14 Pizza Dippers Marinara Sauce</p> <p>Glazed Carrots Caesar Side Salad</p> <p>Fruit Milk</p>
<p>17 Cheeseburger on Bun</p> <p>Calico Bean Bake Seasoned Potato Wedges Pickle Slice</p> <p>Fruit Milk</p>	<p>18 Turkey Deli Sandwich</p> <p>Creamy Potato Salad Baby Carrots Lettuce and Tomato</p> <p>Fruit Milk</p>	<p>19 Popcorn Chicken Whole Grain Dinner Roll</p> <p>Mashed Potatoes Gravy Mixed Vegetables</p> <p>Fruit Milk</p>	<p>20 Walking Taco</p> <p>Lettuce, Tomato and Cheese Mexican Street Corn Spicy Pinto Beans</p> <p>Fruit Milk</p>	<p>21 Crispy Fish Sticks</p> <p>Tator Tots Lettuce Romaine Mix</p> <p>Fruit Milk</p>
<p>24 French Toast Sticks Sliced Ham</p> <p>Breakfast Potatoes Baby Carrots Goldfish Graham Crackers</p> <p>Fruit Milk</p>	<p>25 Chicken Parmesan w/Pasta Garlic Breadstick</p> <p>Mixed Vegetables Italian Herbed Bean Salad</p> <p>Fruit Milk</p>	<p>26 Yogurt Pack (yogurt, bread & cheese)</p> <p>Lettuce Romaine Mix Baby Carrots</p> <p>Fresh Fruit Bar 1% Milk</p>	<p>27 Chicken Tacos</p> <p>Corn & Black Bean Salsa Mexican Brown Rice</p> <p>Canned Fruit Bar 1% Milk</p>	<p>28 Cheese Bread Marinara Sauce</p> <p>Garlic & Herb Broccoli</p> <p>Fresh Fruit Bar 1% Milk</p>
<p>31 Pizza Burger</p> <p>Golden French Fries Baked Beans</p> <p>Canned Fruit Bar 1% Milk</p>				

PRICES	Student	Free
	Adult/Visitor	\$4.65
	Milk	\$0.25

EXTRA INFO

Milk choice of 1%, skim and chocolate skim is included with lunch.
For questions or comments, please contact the school office.



Your MENUS plus more information on our app
TaHER Food4Life®