



St Frances Cabrini Lunch Menu

October
2021

Fresh Vegetables and Seasonal Fruits available daily
on the fruit and veggie bar.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<p>1</p> <p>Cheese Pizza</p> <p>Glazed Carrots Spring Mix Lettuce Fruit and Veggie Bar Milk</p>
<p>4</p> <p>Pancakes Cheese Omelet</p> <p>Breakfast Potatoes Fruit and Veggie Bar Milk</p>	<p>5</p> <p>Crispy Chicken Sandwich</p> <p>Baked Beans Creamy Potato Salad Fruit and Veggie Bar Milk</p>	<p>6</p> <p>Walking Taco Lettuce, Tomato and Cheese</p> <p>Mexican Corn Refried Beans Fruit and Veggie Bar Milk</p>	<p>7</p> <p>No School</p>	<p>8</p> <p>No School</p>
<p>11</p> <p>Cheeseburger on Bun</p> <p>Potato Wedges Pickle Slice Fruit and Veggie Bar Milk</p>	<p>12</p> <p>Mini Corn Dogs</p> <p>Scalloped Potatoes Fruit and Veggie Bar Milk</p>	<p>13</p> <p>Sloppy Joe on a Bun</p> <p>Lemon Garbanzo Bean Salad Kettle Potato Chips Fruit and Veggie Bar Milk</p>	<p>14</p> <p>Chicken Alfredo w/Pasta Garlic Toast</p> <p>Steamed Carrots Fruit and Veggie Bar Milk Chocolate Pudding</p>	<p>15</p> <p>Italian Cheesecake Marinara Sauce</p> <p>Mixed Vegetables Fruit and Veggie Bar Milk</p>
<p>18</p> <p>French Toast Sticks Ham Patty</p> <p>Breakfast Potatoes Goldfish Graham Crackers Fruit and Veggie Bar 1% Milk</p>	<p>19</p> <p>Hotdog on Whole Grain Bun</p> <p>Sweet Potato Fries Coleslaw Fruit and Veggie Bar 1% Milk</p>	<p>20</p> <p>Crispy Chicken Nuggets Rice Pilaf</p> <p>Steamed Green Beans Fruit and Veggie Bar Milk</p>	<p>21</p> <p>Beefy Nachos w/Cheese Sauce</p> <p>Black Beans Fruit and Veggie Bar Milk</p>	<p>22</p> <p>Grilled Cheese Sandwich</p> <p>Seasoned Ranch Wedges Fruit and Veggie Bar Milk Mini Rice Krispie Treat</p>
<p>25</p> <p>Hamburger on a Bun</p> <p>Tator Tots Fruit and Veggie Bar Milk</p>	<p>26</p> <p>Chicken and Gravy Whole Grain Dinner Roll</p> <p>Mashed Potatoes Fruit and Veggie Bar Milk</p>	<p>27</p> <p>Soft Beef Tacos Lettuce, Tomato and Cheese</p> <p>Spicy Pinto Beans Steamed Corn Fruit and Veggie Bar Milk</p>	<p>28</p> <p>Cheese Pizza</p> <p>Glazed Carrots Fruit and Veggie Bar Milk</p>	<p>29</p> <p>Chicken Tenders Buttered Noodles</p> <p>Steamed Green Beans Fruit and Veggie Bar Milk Pumpkin Shaped Cookie</p>

PRICES	Student	FREE
	Adult/Visitor	\$4.15
	Milk	\$0.25

EXTRA INFO

Milk choice of 1%, skim and chocolate skim is included with lunch.

For questions or comments, please contact the school office.



Your MENUS plus more information on our app
TaHER Food4Life®