

May Virtue - Modesty #2

1 message

SFC School <mail@flocknote.com>

Mon, May 9, 2022 at 9:38 AM

Reply-To: SFC School <16711764.m4c19g2i9ch1y0ejuzv0k3k26plsug0zg3ui4f2dg4c12d7hf@reply.flocknote.com>

To: SFC School Communications <kbayer@wbparishes.org>



May 9, 2022

HEART Update



The students have been doing a good job with our hallway expectations, and are working on our lunchroom expectations. We look forward to another good week! Mrs. Taylor's 3rd Grade class was this week's winner of the Knight Helmet for HEART (which stands for **H**umility, **S**Elf-Control, **P**ersever**A**n**C**e, **R**esponsibility and **R**espec**T**.) They were recognized at this morning's assembly. Nice job, 3rd graders!

May Virtue - Modesty

Our final virtue of the year is **Modesty**, which is also known as **Propriety**.

Remember from Last Week:

DEFINITION OF MODESTY:

Purity of heart in action, especially in regards to dress and speech

MODESTY LOOKS LIKE:

- Dressing in an appropriate manner
- Dressing in private
- Not bragging about talents, achievements etc.
- Not being eager to talk about yourself
- Not trying to be the center of attention in word or action

MODESTY SOUNDS LIKE:

- I picked these clothes because they are clean and will look nice.
- I need some privacy.
- Silence

New Thoughts This Week:

SCRIPTURE PERTAINING TO IT: 2 Corinthians 10:17

Let him who boasts, boast of the Lord.

Previous Scriptures:

1 Corinthians 6:19-20

SAINT WHO LIVED IT: **St. Thomas Aquinas**

Thomas' wealthy family wanted him to become a powerful abbot, but Thomas wanted only to be a humble Dominican friar. He had a brilliant mind, but he was so wary of showing off that some of his fellow students thought he was unintelligent.

Previous Saints:



St. Maria Goretti

PRAYER:

Dear Jesus,

Your mother, Mary, holds a special place in heaven. This month please help me to be more like her. Help me to speak with words that are kind and pure. Help me to dress with dignity towards myself and in accordance with our dress code. Help me to act with respect for myself and others. Teach me to be modest so I never sadden You by the way I dress, act, or speak. Amen

Saint Frances Cabrini School (K3 - 8th Grade)

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